1. It's all right in here october 19, 2010

Seven ways to get yourself forgiven Seven days to get yourself all right Several ways to safely shake your shivers Several ways you can deny your life

There's some fighting here There's some fighting here

Everywhere you look there is a signal Everywhere you look there is a sign Everywhere you look there is a signal Everywhere you go you can just hide

It's all right in here, it's all right in here

So never dream, never talk Never speak out loud Never spin, never dance Just sit tight don't breath, don't breath

It's all right in here, I'm not alive It's all right in here, I won't die

2. Boxes

JUNE 4, 2009

All those boxes in the hall They just arrived here in the fall Now I can't catch you when you fall And as I call... you won't be hearing me at all

And I miss your smile... & your footsteps on the stairs (and down the hall)

And I miss your scent & the way you called my name And I miss your hips & the touching of your fingertips And I miss our... aahhh

You lift me up and then you turn me down You make my smile change into a frown Now I can't hear you anymore And inside of me everything seems sore Yeah now I am feeling like a clone Tell myself I'm better off alone...

(refrain)

And I miss the way you kiss my kiss... And I miss the way you kiss my kiss...

3. and then...

JUNE 7, 2010

Never felt like you were there Never knew I had a friend It felt like dying

Never felt I had the strength Never knew the night could end My heart was crying

Didn't see how I could be Didn't feel I could be free Still I was trying, trying

Then suddenly something appeared And suddenly some darkness cleared My heart was sighing

And then... some light came in A new begin... for you and me And yeah... I feel you're there Somewhere near... but can I touch you

Never felt like you where there Never knew I had a friend It felt like dying

Never felt I had the strength Never knew the night could end But I was trying And then... some light came in A new begin... for you and me And yeah... I feel you're there Somewhere near... now I can touch you... still scared to touch you

4. you'll see

february 11, 2010

And it's there for all to see Whatever's there to feel or be What I think just isn't real It only seems truth is concealed

You'll see You'll see You'll see... eventually

I can't define just what I am Or what's a foe or what's a friend I don't now just where I stand But it's clear it's not the end

For me

For me, it seems just a dream

And I never dreamt to meet you And I never felt this good I would really wanna kiss you And hold you in my arms All day long

5. for a while

JUNE 9, 2010

She wakes up when the day is done Wakes up on her own She never felt this way before Now everybody's gone

For a while - It all seemed wonderful For a while - She wore a smile For a while - Life seemed nice somehow And now it's just a trial

She used to care about too much Now she doesn't care at all The days all seem so empty now Now she is all on her own

(refrain)

And then this morning The sadness fades She's done mourning And radiates She reaches out And finds her way Says to the phone I'm coming... Home

'Cos for a while - It all seemed wonderful For a while - I wore a smile For a while - Life seemed nice somehow Now I know... it was all mind Now I know it was all mine

6. a воуs tale...

august 2, 2009

Oh I know it's a little late now And I never quite broke through But I was really trying To be close to you

And the trail you could't show me Cos' your feelings were a mess Even as I felt like dying You could not confess Oh, Father where have you been I needed direction Some strength to begin

It seemed like you were standing With the world right at your feet But the fact was you were trembling And sought to die just down the street

And your mom a fucking martyr And your work it was your shield But inside dad you were hiding And you just couldn't yield

Oh, Daddy where have you been I was lost in the darkness In need of a king

Oh, Daddy What have you done Cos' of wavering guidance I became a lost son

But you see I'll always love you Cos' you did what you could do And I'm aware you had a father Who never could love you

And I've seen the pain inside Yet I attacked you in the night But I still feel our connection And I really hope you are all right

Oh, Daddy What have I done I understand what you've been through But now you are gone

Oh, Daddy So sad it all went wrong And I'll try to be a man now And heal it with a song...

7. couLd it be...?

JULy 20, 2009

Could it be That life's forever? Or would that seem Too cruel?

Can I state 'I am alive now' Do you know For sure?

Could it be That love don't matter? Really sounds Insane

Can one be Without restrictions And yet not be A plague?

Are you dreaming? Are you awake now? Or is it all the same? And as your fears meet your desires Your mind is just playing games

Are you dreaming?
Are you awake now?
Do you really comprehend?
And your heart, it might be showing
What your mind can't understand
(so, are you dreaming...?)

8. PRELUDE to you

instrumentaL

9. you

february 3, 2010

I touch the ground, in your embrace You bring me summer I live this life and wish to see you shine Among the stars I walk this earth in wonder and amazement And see you come, and go... and come again

The feeling's strong, the longing makes it richer The feeling's strong, by god I love you so There's nothing wrong as your smile will travel with me I wait and long, by god I love you so

There's nothing else which makes me smile more often Those sparkling eyes, the roundness of your hips I kiss your mouth and heaven starts unfolding To be alone means nothing... Nothing till your gone

(refrain)

10. SHINE

JuLy 11, 2009

For quite some time, it all seemed fine Though something vague said 'you be careful' And then one night, a dark grim night The tables turned, as I went crazy

So she said to me 'I have to leave' ... still I don't blame you 'I'll sort it out' she promised me 'I'll have to see what's false or true'

And now the days all seem so empty
And the nights are cold and long
And as many things round here are tempting me
This might just make me feel much stronger than before

So shine, shine, it's fine This really ain't no crime So shine, just take your time Still hope one day, you will be mine

She makes me see I am still hiding Although I seem so strong and free And I believe somewhere I started fighting Despite my love for peace

So here I sit and breathe in silence As I watch spring, winter, fall Inside my mind there's sometimes violence Still I am waiting for your call

And now the days seem a little empty
And the nights are... well you know
Not much left round here to tempt me
This might just make me feel much stronger than before

So shine, shine, it's fine
This really baby ain't no crime
You shine, shine, take your time
There's some hope left, you might be mine, one day...

11. take my hand

JuLy 17, 2009

I've been around a thousand years Though I never took the time To really see what brings the tears And the questions in my mind

Sensing different galaxies Watching people going wrong Seeing through the maze of things But I've been... waiting here too long Sometimes the gods are witnessing All the turmoil in my head As I walk as openness Nothing makes me sad At other times I'm listening To the birds, the wind, the rain But as I think of you my love My heart... still feels the same

So take my hand, walk with me Be a friend, and show to me What you can, to make me understand Take my hand, walk with me Be a friend, make love with me Take my hand, and never let me go so wrong again... so long again

12. stay inside today

JuLy 16-31, 2010

Sit staring from the window Gonna stay inside all day Got this eery feeling Like nothing's right today

Just try to remain sane you know 'Cos every one is lame

So I'll just be here waiting Until it's time to change The walls still need repainting And you seem out of range

Just try to remain sane you know 'Cos every one's afraid

So I'm gazing from the window Until it's much too late And let everybody crumble And sell their souls just to get paid

'Cos they always want the same you know So let them meet their fate Just wanna remain sane you know So I gotta get away

Yeah I'm aware this isn't pretty But I'm tired of greed & hate So I dream up your naked body And I wish I just got laid

Think it helps to remain sane you know But you're so goddamn late

13. Like i shouLd

JULY 10, 2010

There are so many ways to share my sense of grace Sometimes I try, I don't know why I see the light of days and sing a song of praise And tell no lie, you told me why

Funny you're so close to me now And guide me all the way Now I know I'm really able To love you like I should, to love you like I should

Standing by your grave, the sadness dissipates No need to cry and I know why I knew your every way and think of you each day And see your smile, once every while

Funny you're so close to me now And share my every thought Now I feel I'm really able To love you like I should, to love like I should

And be someone who understood And give myself to something good

14. smile

february 23, 2011

As I awake I am forgiven While awake I can be true Awake I can start living Beside or without you

And I dream I am a giver As I dream I can create Dreaming sounds like seemingly So everything seems great

For you I can start leaving For you I could just stay For you I should believe me When I say the world baby is great When I say the world baby is great

The world is great when you are laughing It's great when your eyes smile It's grey and flat and saddening When I do something to make you cry I always do something to make you cry

But everyone's a winner
Everyone seems safe
Everyone is dying
And nobody seems brave
Enough
To really start to question
And inquire into greed
To be means you can share, my love
And you're not afraid of need

For you I could start leaving
For you I could just stay
For you I can believe it
When you say the world baby is great
When you say the world baby is great

The world is great when you are laughing It's great when your soul shines It's great whatever happens
We always seem to care enough to cry
As we always seem to care enough to smile

15. gone

august 23, 2010

Tender smile, a light along the way I sit alone, wish I knew what to say But words can't mend What acts have washed away

Asked you why, I cannot not stay 'Cos here I feel at home But you can't believe, I'd change my ways Before all love is gone

Love is gone Love is gone

Watch the cars, go by me in the rain Mind is numbed, as I sit down Observe a finch, here underneath the bridge Share my bread, gives me some relief

Asked you why I couldn't stay Beside you I felt at home But it's too late to change my ways Because all love seems gone

Love seems gone Love seems gone Love seems gone Love seems gone

After watching the movie CRAZY HEART feat. Jeff Bridges